

PERSON SPECIFICATION FOR EATING DISORDER BAND 6 Eating Disorders Community OT

CRITERIA	<p style="text-align: center;">ESSENTIAL</p> <p style="text-align: center;">Requirements necessary for safe and effective performance in the job</p>	<p style="text-align: center;">SEE KEY *</p>	<p style="text-align: center;">DESIRABLE</p> <p style="text-align: center;">Elements that would contribute to immediate performance in the job</p>	<p style="text-align: center;">SEE KEY *</p>
<p>EDUCATION AND QUALIFICATIONS</p>	<ol style="list-style-type: none"> 1. Degree/Diploma in Occupational Therapy. 2. Health & Care Professionals Council (HCPC) registered Occupational Therapist. 3. Completion of mental health-specific workshops and short courses. 	<p style="text-align: center;">A A A A</p>	<ol style="list-style-type: none"> 1. Postgraduate training specific to clinical specialty. 2. Completion of Practice Placement Educator's Course. 	<p style="text-align: center;">A/I A/I</p>
<p>PREVIOUS EXPERIENCE Paid/unpaid relevant to job.</p>	<ol style="list-style-type: none"> 1. Post-qualification experience in mental health. 2. Experience in using a range of standardised OT assessments including Model of Human Occupation assessments. 3. Experience of working in a multi-disciplinary team. 4. Experience of working in a multi-cultural environment. 5. Experience of drafting group protocols and setting up / facilitating groups or group programmes. 6. Experience of partnership-working in promoting socially-inclusive opportunities for patients. 7. Experience in completing the HONOS screening clustering tool or Risk Assessment Tools. 	<p style="text-align: center;">A/I A/I A/I A/I A/I A/I A/I A/I</p>	<ol style="list-style-type: none"> 1. Experience of working with those who have a diagnosis of an eating disorder. 2. Experience of participating in audit / research projects. 3. Experience of care coordination. 4. Lived experience' of either using mental health services or supporting someone who uses services. 5. Supervision of staff, OT students / non-qualified staff. 	<p style="text-align: center;">A/I A/I A/I</p>
<p>SKILLS, KNOWLEDGE, ABILITIES</p>	<ol style="list-style-type: none"> 1. Individual and group work assessment and intervention skills. 2. Good communication skills i.e. written, verbal, listening and proficient use of up to data systems of communication (i.e. IT systems, e-mail, fax, telephone etc). 3. Skills in producing timely, accurate and informative reports and notes. 4. Good organisational skills and an ability to delegate effectively. 5. Clear concept of Occupational Therapy and models of practice. 	<p style="text-align: center;">A/I A/I A/I A/I A/I</p>	<ol style="list-style-type: none"> 1. Research and development at graduate level. 2. Knowledge of the theory underpinning the Model of Human Occupation. 3. Completion of OT medicines management training. 4. Presentation skills 	<p style="text-align: center;">A/I A/I A/I A/I</p>

	<ul style="list-style-type: none"> 6. Knowledge of the application of risk assessment and risk management strategies to facilitate a service user's recovery. 7. Knowledge of personal recovery principles and their application to service delivery 8. Ability to work autonomously, as well as part of an MDT. 9. Ability to manage conflict constructively. 10. Ability to prioritise workload and use initiative. 11. Ability to work creatively to engage service users. 12. Ability to identify and undertake appropriate learning and development opportunities regularly as part of ongoing CPD. 13. Ability to adopt a culturally-sensitive approach that considers the needs of the whole person. 14. Ability to determine the impact of mental and physical conditions on a service user's functional ability and undertake assessments/make recommendations. 15. Ability to work in a team setting i.e. collaborating/facilitating/ directing and understanding diversity. 	<p>A/I</p> <p>A/I</p> <p>A/I</p> <p>A/I</p> <p>A/I</p> <p>A/I</p> <p>A/I</p> <p>A/I</p>	5. Audit skills	A/I
PERSONAL CHARACTERISTICS	<ul style="list-style-type: none"> 1. High level of personal motivation. 2. Flexibility and creativity in approach. 3. Awareness of self in relation to others, with the ability to set and manage boundaries. 4. Demonstration of self-awareness and an ability to use initiative. 5. Commitment to learning and development. 6. Positive role model for junior staff. 7. Interpersonal skills which enable constructive relationships to be built. 8. Commitment to treating service users with respect and dignity at all times. 9. Willingness to work evenings as required 10. Willingness to cook and eat with patients modelling normal healthy eating habits on a regular basis.(NB Veganism or other highly restrictive eating practice cannot be accommodated). 	<p>A/I</p> <p>A/I</p> <p>A/I</p> <p>A/I</p> <p>A/I</p> <p>A/I</p> <p>A/I</p> <p>A/I</p>	1. Advocacy of OT within services.	A/I
OTHER	<ul style="list-style-type: none"> 1. Sickness (or attendance) record that is acceptable to the Trust; to be checked. 2. Declared medically fit by the Occupational Health department to perform the duties of the post. 3. Ability to understand and implement National Policies, Equal Opportunities and the Code of Ethics at the level appropriate to the job. 	<p>A/I</p> <p>AI</p> <p>A/I</p>	1. Membership of BAOT and Specialist Sections.	A/I

***Key: Measured by: A = Application Form I = Interview T = Test [Laura Lock 28.04.17]**